

BANANA BOOK

The Banana Lady — a costumed character created by Catherine Conrad — is now a character in a children's book.



Children can take The Banana Lady home — at least a story about her.

The costumed character created by Catherine Conrad now is a character in her book, "The Lemonade Stand" (\$16.99, Banana Press, 2008), illustrated by Evan Schultz. A timely story for a hot summer, the tale revolves around The Banana Lady and her sidekick, Spike, making lemonade and ends with a recipe for honey-sweetened lemonade and related questions for a parent-child discussion.

The Banana Lady also is a regular in the JC Penney children's department, with a health and wellness show starting at 11 a.m. Wednesdays through August, alternating weeks between the stores at East Towne, where she'll appear today, and West Towne.

For information on the book, a CD and more, visit www.bananalady.com. The book also soon will be available through Barnes and Noble.

— State Journal staff